



LHI
RETIREMENT
SERVICES

GLYNDE LIFESTYLE PROGRAM

Heysen - December 2019/January 2020

Special Events for December

CAROLS IN THE CORRIDOR

Sunday 1ST December 1:30 – 2:30 pm Glynde

Ground Floor Christmas Lunch

Tuesday 3rd December 12:00 – 2:30 pm Bates

Ground Floor Christmas Lights Bus Tour

Monday 9th December 8:30 – 10:00 pm Glynde

First Floor Christmas Lunch

Tuesday 10th December 12:00 – 2:30 Ppm Mitchell

Shoes on Wheels

Thursday 12th December 2:30pm Mitchell

First Floor Christmas Lights Bus Tour

Thursday 12th December 2:30 pm Mitchell

Evening Carols Concert

Monday 16th December

7:00 pm Flynn Courtyard

Lounge Club Christmas Special

Tuesday 17th December

1:15 – 2:30 pm Mitchell

Brass Ensemble Christmas carols

Thursday 19th December

2:30 pm Flynn Courtyard

Carols with kids

Friday 20th December

1:30 – 2:30 pm Bates



Special Events for January



THE ELVIS TRIBUTE SHOW



Wednesday 15th January

2:30 pm Mitchell

THE TRAVEL SHOW

Two travel and wildlife photographers will ignite your curiosity as they take you to the ends of the earth showing you fascinating places, animals in the wild and giving you a personal account of their adventures



Friday 17th January

2:30 pm Mary Walsh Hall

MARIANNE RICCIO



The Divine Diva returns to delight your senses. She will be singing all your favourites.



Wednesday 22 January

1:15 pm Bates

Heysen Lifestyle Program

<i>time</i>	<i>session</i>	<i>venue</i>
Monday, 2 December 2019		
10:00 AM	Coffee Club	Kafé Schulz
11:00 AM	Physio Exercise	Mitchell
11:15 AM	Bible Study	Bates Alcove
12:45 PM	Cards and Board Games	Mitchell
1:15 PM	Happy Hour	Bates
1:30 PM	500 Card Game	Taylor
2:30 PM	Library Group	Community Centre
3:45 PM	Bible Study	Mary Walsh Hall
Tuesday, 3 December 2019		
10:40 AM	Hymns and Church Service CCTV	Channel 102
10:40 AM	Hymns	Chapel
11:00 AM	Church Service	Chapel
12:00 PM	Christmas Luncheon Downstairs	Bates
12:45 PM	Lounge Club	Spence
2:30 PM	Resident's Movie Choice	Channel 102
Wednesday, 4 December 2019		
11:00 AM	Walking Group	Avenue Rd
1:15 PM	Physio Exercise	Taylor
2:30 PM	Bingo	Mitchell
Thursday, 5 December 2019		
10:30 AM	Bingo	Mitchell
11:15 AM	Bible Study	Bates Alcove
2:20 PM	Church Service & Hymns	Flynn
2:30 PM	Social Afternoon and Cards	Heysen
Friday, 6 December 2019		
9:30 AM	Walking Group	Avenue Rd
10:45 AM	Hymns	Bates
11:00 AM	Balance Class	Physio Area
11:00 AM	Church Service	Bates
2:15 PM	Kid Connect	Mitchell
2:30 PM	Faith Based Movie	Channel 102
Saturday, 7 December 2019		
11:00 AM	Social Hour	Mitchell
1:15 PM	Bingo	Mitchell
Sunday, 8 December 2019		
9:30 AM	St Andrews Church CCTV	Channel 103
11:00 AM	Church CCTV	Channel 102
11:00 AM	Church Service & Communion	Chapel

<i>time</i>	<i>session</i>	<i>venue</i>
Monday, 9 December 2019		
11:00 AM	Physio Exercise	Mitchell
11:15 AM	Bible Study	Bates Alcove
12:45 PM	Cards and Board Games	Mitchell
1:30 PM	500 Card Game	Taylor
2:30 PM	Happy Hour	Mitchell
8:30 PM	Christmas Lights Bus Tour	Glynde
Tuesday, 10 December 2019		
10:40 AM	Hymns and Church Service CCTV	Channel 102
10:40 AM	Hymns	Chapel
11:00 AM	Church Service	Chapel
2:30 PM	Resident's Movie Choice	Channel 102
Wednesday, 11 December 2019		
11:00 AM	Walking Group	Avenue Rd
1:15 PM	Physio Exercise	Taylor
1:30 PM	Bright Hour Concert CCTV	Channel 103
2:30 PM	Bingo	Mitchell
Thursday, 12 December 2019		
10:30 AM	Bingo	Mitchell
11:15 AM	Bible Study	Bates Alcove
2:20 PM	Church Service & Hymns	Flynn
2:30 PM	Shoes on Wheels	Mitchell
2:30 PM	Social Afternoon and Cards	Heysen
Friday, 13 December 2019		
9:30 AM	Walking Group	Avenue Rd
10:00 AM	Father Visits for Catholic Communion	Bates
10:45 AM	Hymns	Bates
11:00 AM	Balance Class	Physio Area
11:00 AM	Church Service	Bates
2:30 PM	Faith Based Movie	Channel 102
Saturday, 14 December 2019		
11:00 AM	Social Hour	Mitchell
1:15 PM	Bingo	Mitchell
Sunday, 15 December 2019		
9:30 AM	St Andrews Church CCTV	Channel 103
11:00 AM	Church CCTV	Channel 102
11:00 AM	Church Service	Chapel

<i>time</i>	<i>session</i>	<i>venue</i>
Monday, 16 December 2019		
10:00 AM	Coffee Club	Kafé Schulz
11:00 AM	Physio Exercise	Mitchell
11:15 AM	Bible Study	Bates Alcove
12:45 PM	Cards and Board Games	Mitchell
1:30 PM	500 Card Game	Taylor
2:30 PM	Library Group	Community Centre
3:45 PM	Bible Study	Mary Walsh Hall
7:00 PM	Christmas Carols Concert	Bates
Tuesday, 17 December 2019		
10:40 AM	Hymns and Church Service CCTV	Channel 102
10:40 AM	Hymns	Chapel
11:00 AM	Church Service	Chapel
12:45 PM	Lounge Club Christmas	Mitchell
1:30 PM	Men's Club	Heysen
2:30 PM	Resident's Movie Choice	Channel 102
2:30 PM	Resident's Movie Choice	Mary Walsh Hall
Wednesday, 18 December 2019		
11:00 AM	Walking Group	Avenue Rd
1:15 PM	Physio Exercise	Taylor
2:30 PM	Bingo	Mitchell
Thursday, 19 December 2019		
10:30 AM	Bingo	Mitchell
11:15 AM	Bible Study	Bates Alcove
2:30 PM	Christmas Carols Concert	Flynn Courtyard
Friday, 20 December 2019		
9:30 AM	Walking Group	Avenue Rd
10:45 AM	Hymns	Bates
11:00 AM	Balance Class	Physio Area
11:00 AM	Church Service	Bates
1:30 PM	Carols with Kids	Bates
2:30 PM	Faith Based Movie	Channel 102
Saturday, 21 December 2019		
11:00 AM	Social Hour	Mitchell
1:15 PM	Bingo	Mitchell
Sunday, 22 December 2019		
9:30 AM	St Andrews Church CCTV	Channel 103
11:00 AM	Church CCTV	Channel 102
11:00 AM	Church Service & Communion	Chapel

<i>time</i>	<i>session</i>	<i>venue</i>
Monday, 23 December 2019		
11:00 AM	Physio Exercise	Mitchell
11:15 AM	Bible Study	Bates Alcove
12:45 PM	Cards and Board Games	Mitchell
1:30 PM	500 Card Game	Taylor
2:30 PM	Happy Hour	Mitchell
Tuesday, 24 December 2019		
10:40 AM	Hymns and Church Service CCTV	Channel 102
10:40 AM	Hymns	Chapel
11:00 AM	Church Service	Chapel
12:45 PM	Lounge Club	Spence
2:30 PM	Resident's Movie Choice	Channel 102
7:00 PM	Christmas Eve Service	St Andrews Church
7:00 PM	Church Service TV	Channel 102
Wednesday, 25 December 2019		
	Public Holiday	
9:30 AM	Christmas Church Service	St. Andrews
11:00 AM	Christmas Church Service	Mary Walsh Hall
Thursday, 26 December 2019		
	Public Holiday	
11:00 AM	Lounge Club	Mitchell
1:15 PM	Bingo	Mitchell
Friday, 27 December 2019		
9:30 AM	Walking Group	Avenue Rd
10:45 AM	Hymns	Bates
11:00 AM	Balance Class	Physio Area
11:00 AM	Church Service	Bates
1:15 PM	Anglican Church Service	Bates
2:30 PM	Faith Based Movie	Channel 102
Saturday, 28 December 2019		
11:00 AM	Social Hour	Mitchell
1:15 PM	Bingo	Mitchell
Sunday, 29 December 2019		
9:30 AM	St Andrews Church CCTV	Channel 103
11:00 AM	Church CCTV	Channel 102
11:00 AM	Church Service	Chapel
Monday, 30 December 2019		
10:00 AM	Coffee Club	Kafé Schulz
11:15 AM	Bible Study	Bates Alcove
12:45 PM	Cards and Board Games	Mitchell
1:30 PM	500 Card Game	Taylor

<i>time</i>	<i>session</i>	<i>venue</i>
Tuesday, 31 December 2019		
10:40 AM	Hymns and Church Service CCTV	Channel 102
10:40 AM	Hymns	Chapel
11:00 AM	Church Service	Chapel
12:45 PM	Lounge Club	Spence
2:30 PM	Resident's Movie Choice	Channel 102
7:00 PM	Church Service TV	Channel 102
7:00 PM	New Years Eve Service	St Andrews Church

<i>time</i>	<i>session</i>	<i>venue</i>
Wednesday, 1 January 2020		
	Public Holiday	
11:00 AM	Lounge Club	Mitchell
1:15 PM	Bingo	Mitchell
Thursday, 2 January 2020		
10:30 AM	Bingo	Mitchell
11:15 AM	Bible Study	Bates Alcove
2:20 PM	Church Service & Hymns	Flynn
2:30 PM	Social Afternoon and Cards	Heysen
Friday, 3 January 2020		
9:30 AM	Walking Group	Avenue Rd
10:45 AM	Hymns	Bates
11:00 AM	Balance Class	Physio Area
11:00 AM	Church Service	Bates
2:30 PM	Faith Based Movie	Channel 102
Saturday, 4 January 2020		
11:00 AM	Social Hour	Mitchell
1:15 PM	Bingo	Mitchell
Sunday, 5 January 2020		
9:30 AM	St Andrews Church CCTV	Channel 103
11:00 AM	Church CCTV	Channel 102
11:00 AM	Church Service	Chapel
Monday, 6 January 2020		
10:00 AM	Coffee Club	Kafé Schulz
11:00 AM	Physio Exercise	Mitchell
11:15 AM	Bible Study	Bates Alcove
12:45 PM	Cards and Board Games	Mitchell
1:15 PM	Happy Hour	Bates
1:30 PM	500 Card Game	Taylor
2:30 PM	Library Group	Community Centre
3:45 PM	Bible Study	Mary Walsh Hall

<i>time</i>	<i>session</i>	<i>venue</i>
Tuesday, 7 January 2020		
10:40 AM	Hymns and Church Service CCTV	Channel 102
10:40 AM	Hymns	Chapel
11:00 AM	Church Service	Chapel
12:45 PM	Lounge Club	Spence
1:30 PM	Men's Club	Heysen
2:30 PM	Resident's Movie Choice	Channel 102
Wednesday, 8 January 2020		
11:00 AM	Walking Group	Avenue Rd
1:15 PM	Physio Exercise	Taylor
1:30 PM	Bright Hour Concert CCTV	Channel 103
2:30 PM	Bingo	Mitchell
Thursday, 9 January 2020		
10:30 AM	Bingo	Mitchell
11:15 AM	Bible Study	Bates Alcove
1:30 PM	Bus Outing - Scenic Drive	Edward Street
2:20 PM	Church Service & Hymns	Flynn
2:30 PM	Social Afternoon and Cards	Heysen
Friday, 10 January 2020		
9:30 AM	Walking Group	Avenue Rd
10:00 AM	Father Visits for Catholic Communion	Bates
10:45 AM	Hymns	Bates
11:00 AM	Balance Class	Physio Area
11:00 AM	Church Service	Bates
1:30 PM	Bus Outing - Café Trip	Glynde
2:30 PM	Faith Based Movie	Channel 102
Saturday, 11 January 2020		
11:00 AM	Social Hour	Mitchell
1:15 PM	Bingo	Mitchell
Sunday, 12 January 2020		
9:30 AM	St Andrews Church CCTV	Channel 103
11:00 AM	Church CCTV	Channel 102
11:00 AM	Church Service & Communion	Chapel
Monday, 13 January 2020		
11:00 AM	Physio Exercise	Mitchell
11:15 AM	Bible Study	Bates Alcove
12:45 PM	Cards and Board Games	Mitchell
1:30 PM	500 Card Game	Taylor
2:30 PM	Happy Hour	Mitchell

<i>time</i>	<i>session</i>	<i>venue</i>
Tuesday, 14 January 2020		
10:40 AM	Hymns and Church Service CCTV	Channel 102
10:40 AM	Hymns	Chapel
11:00 AM	Church Service	Chapel
12:45 PM	Lounge Club	Spence
1:15 PM	Residents Meeting	Mary Walsh Hall
2:30 PM	Resident's Movie Choice	Channel 102
Wednesday, 15 January 2020		
11:00 AM	Walking Group	Avenue Rd
1:15 PM	Physio Exercise	Taylor
2:30 PM	Concert	Mitchell
Thursday, 16 January 2020		
10:30 AM	Bingo	Mitchell
11:15 AM	Bible Study	Bates Alcove
1:30 PM	Bus Outing - Shopping	Edward St.
2:20 PM	Church Service & Hymns	Flynn
2:30 PM	Social Afternoon and Cards	Heysen
Friday, 17 January 2020		
9:30 AM	Walking Group	Avenue Rd
10:45 AM	Hymns	Bates
11:00 AM	Balance Class	Physio Area
11:00 AM	Church Service	Bates
2:30 PM	Faith Based Movie	Channel 102
2:30 PM	Travel Show	Mary Walsh Hall
Saturday, 18 January 2020		
11:00 AM	Social Hour	Mitchell
1:15 PM	Bingo	Mitchell
Sunday, 19 January 2020		
9:30 AM	St Andrews Church CCTV	Channel 103
11:00 AM	Church CCTV	Channel 102
11:00 AM	Church Service	Chapel
Monday, 20 January 2020		
10:00 AM	Coffee Club	Kafé Schulz
11:00 AM	Physio Exercise	Mitchell
11:15 AM	Bible Study	Bates Alcove
12:45 PM	Cards and Board Games	Mitchell
1:30 PM	500 Card Game	Taylor
2:30 PM	Library Group	Community Centre
3:45 PM	Bible Study	Mary Walsh Hall

<i>time</i>	<i>session</i>	<i>venue</i>
Tuesday, 21 January 2020		
10:40 AM	Hymns and Church Service CCTV	Channel 102
10:40 AM	Hymns	Chapel
11:00 AM	Church Service	Chapel
12:45 PM	Lounge Club	Spence
1:30 PM	Men's Club	Heysen
2:30 PM	Resident's Movie Choice	Channel 102
2:30 PM	Resident's Movie Choice	Mary Walsh Hall
Wednesday, 22 January 2020		
11:00 AM	Walking Group	Avenue Rd
1:15 PM	Concert	Bates
1:15 PM	Physio Exercise	Taylor
2:30 PM	Bingo	Mitchell
Thursday, 23 January 2020		
10:30 AM	Bingo	Mitchell
11:15 AM	Bible Study	Bates Alcove
1:30 PM	Bus Outing - Scenic Drive	Edward Street
2:20 PM	Church Service & Hymns	Flynn
2:30 PM	Social Afternoon and Cards	Heysen
Friday, 24 January 2020		
9:30 AM	Walking Group	Avenue Rd
10:45 AM	Hymns	Bates
11:00 AM	Balance Class	Physio Area
11:00 AM	Church Service	Bates
1:15 PM	Anglican Church Service	Bates
2:30 PM	Faith Based Movie	Channel 102
Saturday, 25 January 2020		
11:00 AM	Social Hour	Mitchell
1:15 PM	Bingo	Mitchell
Sunday, 26 January 2020		
9:30 AM	St Andrews Church CCTV	Channel 103
11:00 AM	Church CCTV	Channel 102
11:00 AM	Church Service & Communion	Chapel
Monday, 27 January 2020		
	Public Holiday	
11:00 AM	Lounge Club	Mitchell
1:15 PM	Bingo	Mitchell

<i>time</i>	<i>session</i>	<i>venue</i>
Tuesday, 28 January 2020		
10:40 AM	Hymns and Church Service CCTV	Channel 102
10:40 AM	Hymns	Chapel
11:00 AM	Church Service	Chapel
12:45 PM	Lounge Club	Spence
2:30 PM	Resident's Movie Choice	Channel 102
Wednesday, 29 January 2020		
11:00 AM	Walking Group	Avenue Rd
1:15 PM	Physio Exercise	Taylor
2:30 PM	Bingo	Mitchell
Thursday, 30 January 2020		
10:30 AM	Bingo	Mitchell
11:15 AM	Bible Study	Bates Alcove
2:20 PM	Church Service & Hymns	Flynn
2:30 PM	Social Afternoon and Cards	Heysen
Friday, 31 January 2020		
9:30 AM	Walking Group	Avenue Rd
10:45 AM	Hymns	Bates
11:00 AM	Balance Class	Physio Area
11:00 AM	Church Service	Bates
2:30 PM	Faith Based Movie	Channel 102
Saturday, 1 February 2020		
11:00 AM	Social Hour	Mitchell
1:15 PM	Bingo	Mitchell
Sunday, 2 February 2020		
9:30 AM	St Andrews Church CCTV	Channel 103
11:00 AM	Church CCTV	Channel 102
11:00 AM	Church Service	Chapel